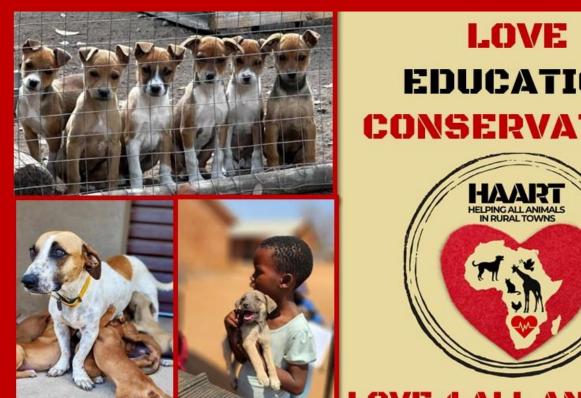


HAART

VOLUNTEER **GUIDE**







LOVE 4 ALL ANIMALS

















LOVE EDUCATION CONSERVATION

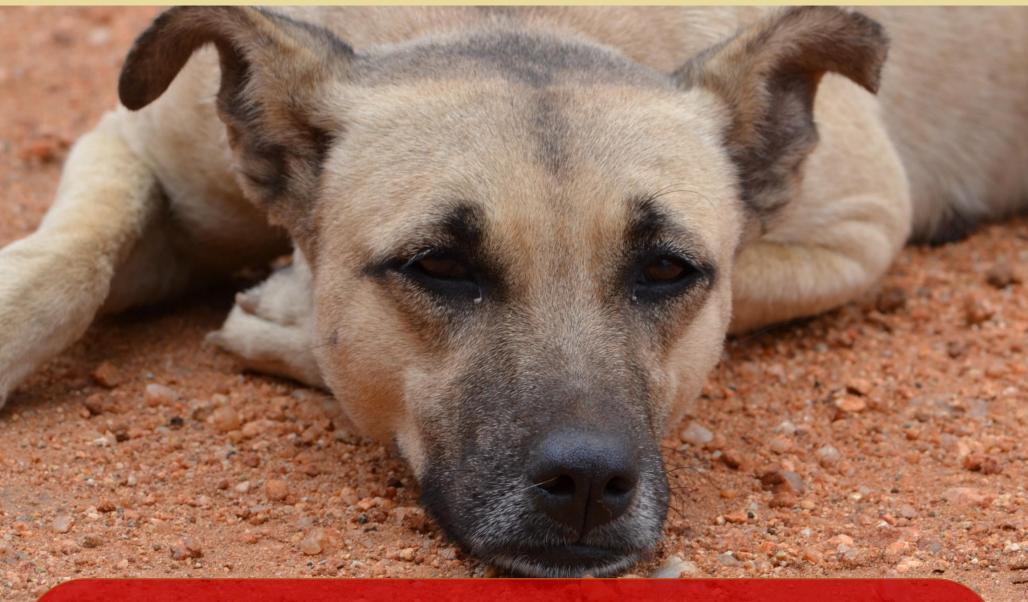


HAART VOLUNTEER GUIDE





YOU FOUND US & WANT TO VOLUNTEER THANK YOU



THANK YOU so much for getting in touch, it truly means the world for you to want to volunteer with **HAART.**

I know how much of a mine-field it is when deciding where to volunteer, there are so many choices and those decisions you make now can make your experience a truly rewarding one, filled with heart-warming experiences and memories to last a lifetime.

This Guide is designed to keep things simple whilst giving you an insight into where you will be and what you will be doing. Sit back, buckle up, pour a drink and enjoy



WHO WE ARE



We believe that all animals deserve **LOVE**, **RESPECT & APPRECIATION** and by creating an extended family who all share the same belief, we can Change lives for so many animals in need, and it is our duty to spread the love for All Animals.

Leading & demonstrating what giving **LOVE**, **RESPECT** and **APPRECIATION** to animals really means is the vital starting point to EDUCATE, and then **EMPOWER** People to want to continue to make a difference to the lives of their animals.

Mbaula was chosen to work with because due to it's location and the challenges the community faces. A beautiful rural community to the north of Phalaborwa, on the edge of Letaba Ranch, which borders Kruger National Park. Letaba Ranch was once known for it's diversity of wildlife, but today renowned for severe problems with poaching of animals. In fact, the existence of large animals has all but been eradicated.

Animals that we consider to be family or pets are seen very differently in most rural African communities and towns – they have a purpose, to work, either to hunt, carry, protect or for produce food.

BRIDGING THE GAP by teaching and developing **LOVE**, **RESPECT & APPRECIATION** for animals that people live amongst every day and rely on in their every day lives, we aim, will inspire those to see wildlife differently, not as a means for monetary reward, but as a valuable and important part of our world, in need of protection.

HAART is about the INDIVIDUAL Giving the chance of a better life and existence to an animal through education and healthcare, as it is said, "We won't change the world, but for that animal, it will change their world"



HOW DOES HAART & YOU HELP THE RURAL AFRICAN VILLAGE OF MBAULA

PROVIDING
HEALTHCARE
CLINICS FOR
COMMUNITY
ANIMALS

EDUCATION

SUPPORTING
NATURE RESERVE
DEVELOMENT &
PROTECTION OF
WILDLIFE

LOVE

EDUCATION IN
LOVE 4 ALL
ANIMALS
IN SCHOOLS &
CENTRES

CONSERVATION

COMMUNITY
SUPPORT OF
UNDERPRIVILEG
ED, ORPHANS &
HIV/AIDS
VICTIMS

DEVELOPING
PASSIONATE
ANIMAL
WARRIORS TO
LOVE/PROTECT
WILDLIFE

INSPIRING JOB
OPPORTUNITIE
S IN ANIMAL
RESEPECT &
PROTECTION



WHAT YOU CAN EXPECT TO BE DOING

Your time is split between Mbaula & Phalaubeni rural Villages and Khaya Themba Bush Farm with two days off per week. In the Villages we provide Health Clinics for all animals in need, you will be trained to recognise various conditions and follow a procedure with support providing vaccinations, deworming, cleaning wounds and helping to educate owners in feeding and caring for their animals. The animals, particularly the dogs have learnt very quickly that they will receive lots of food and many find their own way to us! We support a local Childrens Project that helps orphaned and underprivileged children with a healthy hot meal. You will help with teaching the children about LOVE 4 ALL ANIMALS, whilst helping to develop confidence.

Emergency Clinics provide the opportunity for Owners to bring sick animals or call us for help, to receive treatment. You will have two days of free-time per week and can relax

at the pool on the farm or take part in one of the volunteer excursions, arranged for you (at an additional cost)

Your day will commence at 7am to 5pm and will include the following activities:

ON THE FARM

Care of Animals in Need

Veterinary Assistance

Care of Dogs in recovery

Snare Sweep Farm Bush

Fence clearing / Alien Plant Removal, Repairing Fences & Building

Monitoring of Wildlife

Maintenance of Vegetable Gardens

IN RURAL VILLAGES

Health Clinics for Working/Domestic Animals

Underprivileged & Orphaned Childrens Project

Help Classes in Schools

Rescue of animals in need.





WHAT YOU CAN EXPECT TO BE DOINGHEALTH CLINICS IN VILLAGES





Health Clinics in the rural villages provides essential & emergency treatment for domestic animals. Health checks are performed, vaccinations against

Rabies, & canine viruses, antiparasite treatments and any emergencies are taken directly for treatment.

All training is given prior to the Clinics.







WHAT YOU CAN EXPECT TO BE DOINGHEALTH CLINICS IN VILLAGES





WHAT YOU CAN EXPECT TO BE DOINGVETERINARY ASSISTANCE





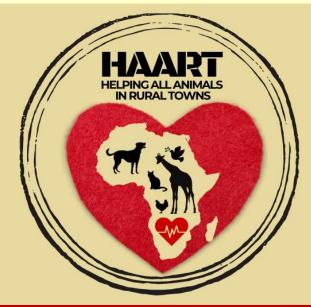




You will attend Veterinary days at our Partner Clinic and have the opportunity to observe and assist in procedures from Diagnosis to surgery, dependent upon the needs of our village dogs.

Following the Outreach Health Clinics, those in need of emergency treatment are taken straight to the Clinic, others less urgent are taken into quarantine at our K9 Centre for sick, injured and abused animals.

Treatments performed on our village dogs include broken limbs, snare removals, injuries from car accidents, donkey kicks, canine cancer, Tick Bite Fever, Parvovirus, Poisoning, obstructions, amputations & many more.



WHAT YOU CAN EXPECT TO BE DOINGSTERILISATION DAYS







Sterilisation days are held when we have vets on site at the K9 Centre and Clinic. We have been able to sterilise up to 30 dogs, dependent upon the number of vets.

Sterilisation days are perfect for those looking for experience to assist and observe, the best experience for those studying to be a Veterinarian, Vet Nurse or Assistant or looking for an internship programme.

Those with no experience are under no pressure to be up close and personal in surgery — there is always so much to do in pre-care, recovery and post-care. However, if you have no prior experience but would like to help, all training is given.





WHAT YOU CAN EXPECT TO BE DOINGK9 CENTRE FOR SICK, INJURED & ABUSED ANIMALS







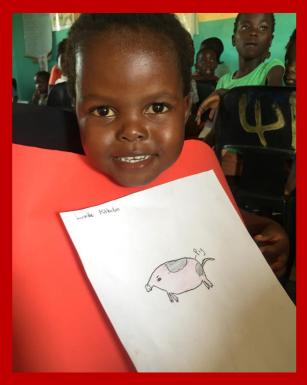
The HAART purpose-built K9 Recovery Centre for sick, injured & abused animals allows us to house those in a comfortable and spacious environment with outside area for healthy interaction with other dogs. Dogs have an inside bedroom, inside run area and outside play area.

We have a separate area at the Volunteer Lodge for those dogs who have recovered but have been surrendered or confiscated and awaiting adoption.

The pool also doubles up when necessary for hydrotherapy for the rehabilitation of dogs with broken limbs.



WHAT YOU CAN EXPECT TO BE DOINGEDUCATION











EDUCATION is provided to the Early Learning Creche Children, the Underprivileged Centres & Schools in Animal Care and Conservation.

The Education is a vital part of what we do, enabling CHANGE for domestic animals today and aims to protect and preserve our wildlife for the future.

You will get to join in and all training is given



WHAT YOU CAN EXPECT TO BE DOINGCOMMUNITY SUPPORT







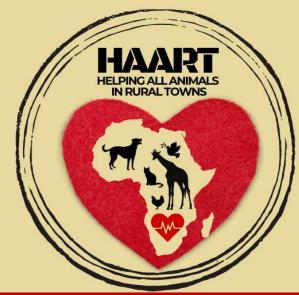


Every week HAART supports the underprivileged children's Centre by preparing a healthy meal and giving fruit to up to 150 children.

This could be the only hot meal they receive.

The children also attend our Animal Care Class and get to play games and have fun with the volunteers.





WHAT YOU CAN EXPECT TO BE DOINGKHAYA THEMBA BUSH FARM CAMP















There is always a lot needing done at Camp, in addition to the care of all the dogs, enrichment, dog walking and bathing dogs, we also have chickens and goat to care for. Our extensive vegetable gardens provide home-grown, organic vegetables for us and the villages and need lots of TLC too. There may be maintenance required, from painting to building. Monitoring of the wildlife on the farm, snare sweeps to keep the animals safe and repairing of fences are all part of what you could be involved in.



WHAT YOU CAN EXPECT TO BE DOINGOTHER ACTIVITIES





Other areas you could be involved in are:

- 1. Educational Safari Trips with underprivileged children to teach appreciation of the environment and wildlife around us.
- 2. Distributing clothes and toys to underprivileged children.
- 3. Support of sponsored children to go to Early Learning School.







WHERE WE ARE LOCATED KHAYA THEMBA



Khaya Themba Bush Camp, means "Home Of Hope" in Zulu, and is dedicated to one of our rescued bush dogs, HOPE. A very special girl who suffered extreme trauma following a car accident and who nobody ever thought would survive. Against all odds, and named Hope in the hope she would fight hard, she made it and gives us all Hope every single day.

Khaya Themba is also a special place where Hopes and Dreams are realised by both humans and animals.

Khaya Themba offers Hope to all sick, injured or desperate animals in need, wild, working or companion.

We embrace HOPE for achieving dreams, goals or ambitions, or simply HOPE for our lives to continue to be enriched and healthy, but most of all we HOPE that you enjoy your time at Khaya Themba.



WHERE WE ARE LOCATED KHAYA THEMBA

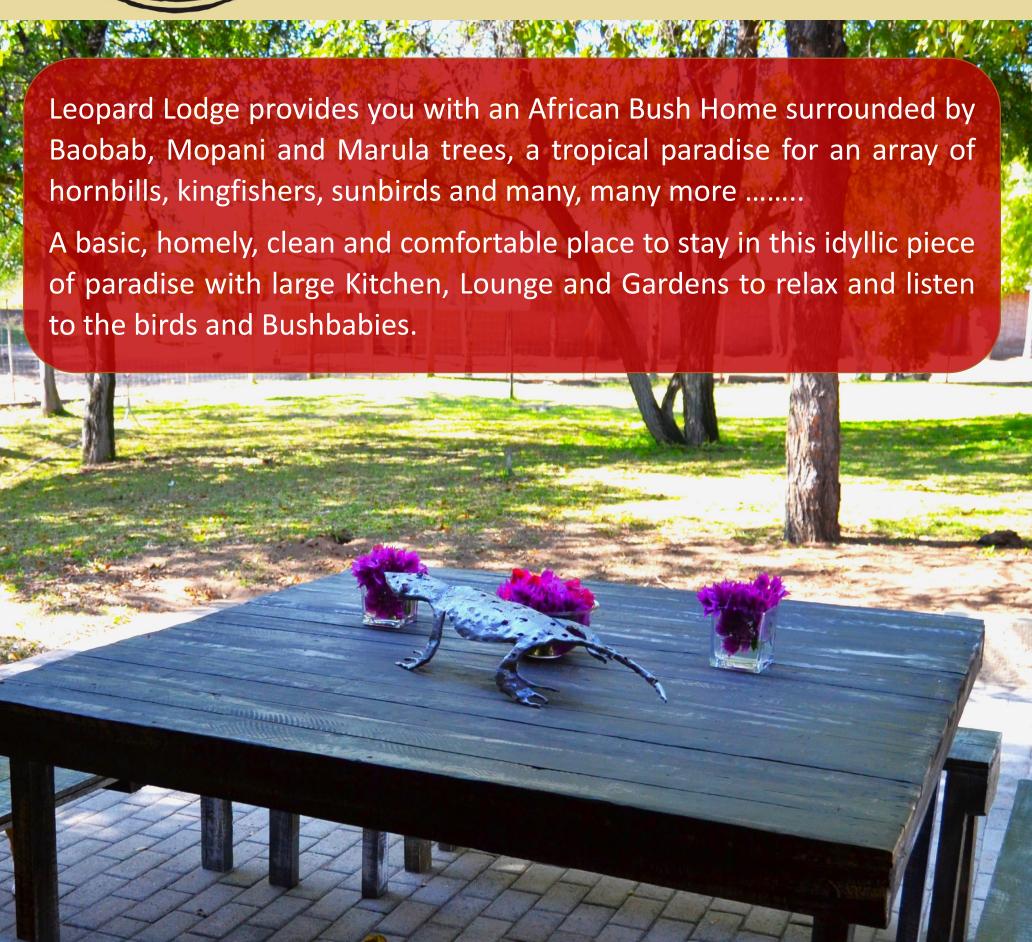


Located north of Phalaborwa in Silonque, in the Province of Limpopo, we border Letaba Ranch and Kruger National Park. Khaya Themba is a 21 hectare Farm in the African Bush with an abundance of nature.

The Kruger National Park Gate is just 7km from us, which means that whilst most large wildlife remains within Kruger, we are home to a multitude of species such as duiker, impala, genet, civet, jackal and the occasional leopard plus many others still to be discovered!



WHERE YOU WILL BE STAYING LEOPARD LODGE





WHERE YOU WILL BE STAYING LEOPARD LODGE





Leopard Lodge provides bedrooms for 2-4 people, girls and guys in separate rooms and a private room or cottage for a couple or family can be reserved. All bedrooms have their own ceiling fans which bring a welcome breath of fresh air on hot steamy days. There is air-conditioning for an additional supplement. Leopard Lodge has Free Wifi and a Laundry service.

HAART provides a Vegetarian diet consisting of breakfast, lunch and dinner. Breakfast & Lunch are self-service and dinner is prepared for you.







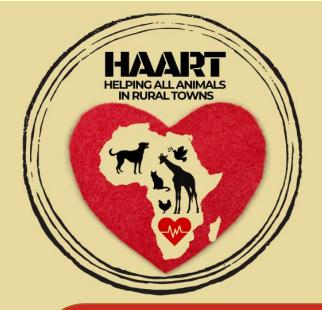
WHERE YOU WILL BE STAYING WILD DOG CENTRE





WHERE YOU WILL BE STAYING HIPPO POOL





STARTING TO PLAN YOUR TRIP

CONGRATULATIONS

The big part is over You made the decision to follow your dreams and make a difference to animals in rural communities in South Africa, and we couldn't be more thrilled that you have made that decision, THANK YOU!

So, what to do now, well we've made it easy for you, just follow these steps and you will be here stress-free before you know it:



STEP 1 – APPLICATION FORM

Complete and return the Application Form with the dates you would like to join HAART, please ensure your dates mean you will arrive and depart on a MONDAY. Once your application Form has been sent you will receive confirmation that your dates are available, then you are ready to go



STEP 3 – BOOK YOUR FLIGHT

It is good to book your flights as soon as possible as prices can vary alot. Flights are cheaper if you choose to fly via other countries enroute to South Africa, but direct flights will get you here faster.

Be sure to research flights through price comparison sites online to get your best price.



STEP 2 –

VOLUNTEER DONATION FEE

Your Volunteer Donation Fee covers the costs of your accommodation and meals, but also funds the medical needs and operations of the Outreaches & Projects to help the animals we can help.

Your complete payment is required a minimum of 30 days before your arrival. In order to secure your place, we ask for a 50% non-refundable deposit at booking.

Your deposit can be paid by bank transfer or Paypal, and we kindly ask that you agree to cover the bank charges.







HOW TO GET HERE



TRAVEL

You will need to fly to Johannesburg and then there are a few options to get from Johannesburg O.R. Tambo Airport to HAART You can fly directly from Johannesburg to Hoedspruit Airport which takes approx. 50 minutes or you can book a Shuttle from O.R. Tambo Airport to Phalaborwa Sefapane Lodge. There are a few very safe and reliable shuttle companies and whilst you can book online, it is always best to email them directly. The shuttles generally leave early in the morning so you do need to ensure your flight lands early enough. The journey is long, approx. 6hrs, but is a great way to see some of the beauty of South Africa straight away.

https://swiftkrugershuttles.com/

https://safarilinksa.com/

Once you get to Hoedspruit Airport or Phalaphorwa, one of the Team with be there to pick you up. There is a transfer fee for your pick up, see below:

Hoedspruit Airport R800 per way per person.
Phalaborwa R100 per way per person

VISA

STAYING LESS THAN 90 DAYS

If you are planning to stay in South Africa for less than 90 days, most European, American and Australian citizens over 18 will be automatically granted a 90 day visitor visa free-of-charge and without any complications. Please ensure you check the following website for more details on your specific country's requirements for South Africa:

http://www.vfsglobal.com/dha/southafrica/

IF YOU ARE UNDER 18YRS — You will need to complete additional documentation to enter South Africa, signed by parents, please check the website above for the correct forms to complete

STAYING MORE THAN 90 DAYS

If you are planning to stay *longer than 90 days*, you must apply for a Volunteer Visa in your home country. It can often take time for your visa to be completed and will require a letter of invitation & confirmation from HAART, as well as a Police Clearance Certificate, Proof of Funds, a Radiological Report and Medical Clearance Certificate. To follow this process, check out the above website which will outline your requirements.

90+ DAYS VISA EXTENSION

It is possible to extend your visa for a further 90 days whilst you are in South Africa, however, the VFS Office you need to attend to submit your application is in Polokwane which is approx. 4-5 hrs drive away and you will need to hire a car to get there and back. You will also need to pick up your visa at a later date in person.



ESSENTIAL REQUIREMENTS

There are no specific academic requirements or experience needed to apply and be accepted onto the HAART Volunteer Programme, however, we are looking for a certain kind of person; those that have a passion for animals, enthusiasm for new adventures, a good work ethic and a dream to make a difference. If this sounds like you, congratulations and welcome, we can't wait to meet you!

There are, however, some standard requirements, which are outlined below:

- APPLICATION & INDEMNITY FORM This is a mandatory application and enrolment form which all volunteers must sign in order to be accepted as a volunteer. The contract waiver's HAART's responsibility for your health and safety, we do however, take all volunteers safety very seriously. Please ensure to include any/all medications you are taking, any allergies and travel/medical insurance.
- □ AGE − HAART has a minimum age requirement of 18 years which is necessary for Indemnity and Insurance purposes, in addition to specific additional paperwork which is requested by the South African Port of Entry in order to enter South Africa.
- INSURANCE: Travel or medical insurance is essential whilst at HAART, should you require any hospital treatment, proof of insurance is required. We have very good doctors and Clinics in Phalaborwa, however treatment is very expensive should you need it.

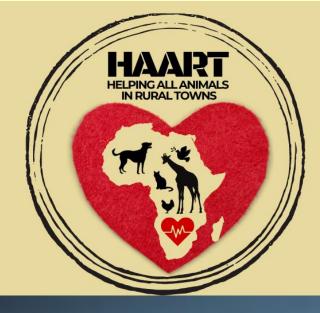






ESSENTIAL REQUIREMENTS

	VACCINES – It is always best to seek advice from your doctor or Travel Clinic as to what vaccines they recommend for travel to South Africa, these may include polio, typhoid, hepatitis, diphtheria, it is your decision which advice you decide to take. We do, however, have some ESSENTIAL vaccine requirements specifically for working in the Bush, in communities and with animals. Please ensure that you give yourself enough time to get these done as some require several vaccines with a specific time-frame between each. We are aware that Rabies does exist within rural community dogs and all precautions are taken to protect you and other animals, however, we have not specifically come across dogs with rabies at this time and we do vaccinate the dogs against rabies :
✓	ESSENTIAL VACCINE TETANUS
√	ESSENTIAL VACCINE RABIES
	PHYSICAL HEALTH – It is essential that you are free from any contagious diseases when arriving at HAART. This is to protect all our volunteers from bacteria or viruses, potentially ruining your time with us, should you get sick. The work does require walking and some bending so we require volunteers to be physically able. We would like to ensure that volunteers of ALL AGES above 18 years, feel welcome, regardless of their age as those of all ages have huge value to bring to the team.
	MENTAL HEALTH - It is important that you are psychologically in good health. If you suffer from a mental health illness, it is important to communicate the medication you are taking and to ensure that you bring enough for your whole trip. Often we have found that those suffering from depression seek opportunities in nature in the hope this will help them to feel better, however, it is important to consider how you personally react to being completely out of your comfort zone, in a new place with all new people and learning from the beginning. If any of these create feelings of severe anxiety, consider whether you are making the right decision.
	MALARIA - Kruger National Park is referred to as a malarial zone and borders Phalaborwa, most doctors recommend taking malaria tablets. Please ask your doctor for their advice and the decision as to whether you take malaria tablets ot not is yours. Malaria is considered a very serious life-threatening illness so often best to be safe.
	COVID – The Pandemic introduced many to the wearing of masks for the first time ever. South Africa does not require the wearing of masks in all areas, however, please ensure you do have masks with you, should things change and please ensure you have a supply of covid tests with you, should you get sick. If you do test positive whilst at HAART we have the facility for you to isolate away from other volunteers on the farm.



TOP TIPS & FACTS

CURRENCY

ZAR RAND

EXCHANGE RATE

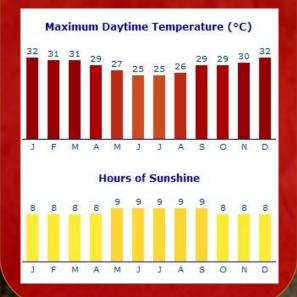
(FEB 2023 Rates may vary)

GBP £1= 22.10 RAND US \$1 = 18.45 RAND

CURRENCY/CASH

South African Rand is the only currency accepted , please ensure you bring RAND or exchange at Johannesburg Airport. Alternatively you can obtain currency at ATMs or Cash Machines

CLIMATE



POPULATION

69.2 Million

LANGUAGES = 11

English, Afrikaans, Xhosa, Sepedi, Ndebele, Swazi, Zulu, Tswana, Sotho, Venda & Tsonga

PLUGS



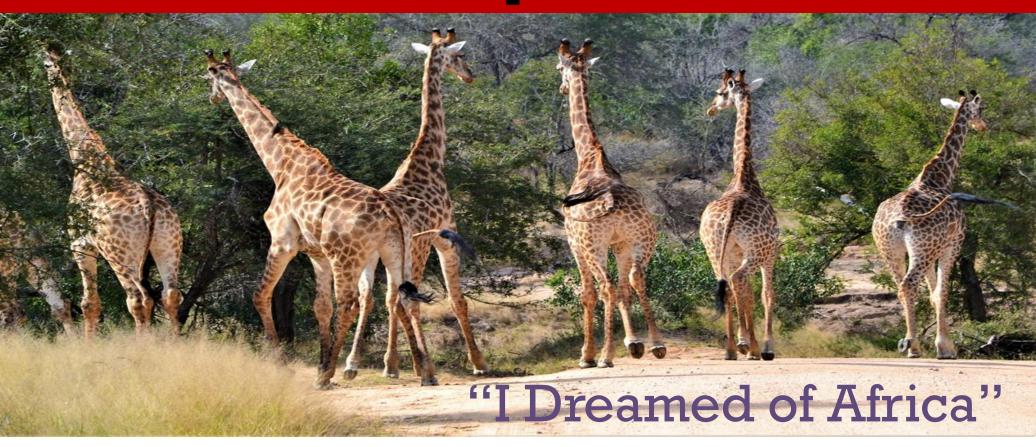
STAYING IN TOUCH

You can either pre-arrange a plan with your mobile service provider or you can purchase a SIM card at Johannesburg Airport. Generally Vodacom is the preferred network. At Khaya Themba, wifi is provided Free Of Charge around Leopard Lodge where you are staying.



TOP TIPS & FACTS





Kruger National Park 1 or 2 day

Panorama Tour 1 day

Umoya Khulula Wildlife Centre ½ day

Vervet Monkey Foundation ½ day

Blyde River Canyon Boat Cruise ½ day

Hoedspruit Reptile Park & Moholoholo Rehabilitation Centre 1 day

Olifants Riverboat Safari & Braai

Work, Rest & Play. Life is all about balance to create a happy & healthy mind, body & soul, we hope you will achieve this at Khaya Themba.

"If there were one more thing I could do, it would be to go on safari once again." – Karen Blixen

Kruger National Park Safari

The Kruger National Park awaits to take you on an adventure of a lifetime! Many have said, an almost indescribable wildlife experience. Certainly it ranks with the best in Africa and is a flagship of the country's national parks - rated as the ultimate safari experience.

While you absorb the unspoiled wilderness, your safari in Kruger is maximised by a professional guide. A full day Safari will provide you with the chance to spot lion, leopard, rhino, elephant, and buffalo also known as The Big Five.







1 day Safari Includes;
Full day Safari, entrance fees, transport,
Cost: R1,600 per person (min 3 people) In
just 2 people, the cost is R2,650 per
person, cost for just 1 person is R3,700
2 Day Safari Includes;
2 day Safari, entrance fees,
accommodation, transport
Cost: R2,900 (min 3 people) If just 2
people, cost is R3,950 per person. If 1

"Why is it you can never hope to describe the emotion Africa creates?" – Francesca Marciano



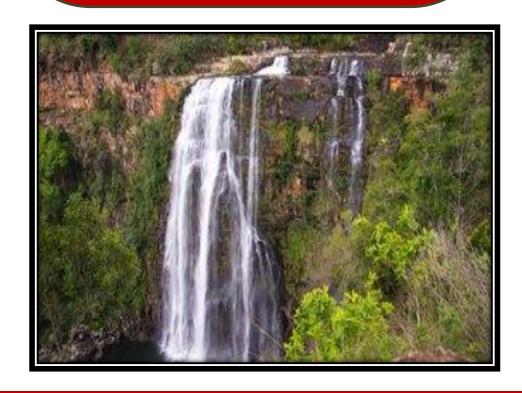


Scenic Panoramo

Tour

Canyon, the third deepest canyon in the world, and understand why so many people think it's one of the most beautiful places in Africa. You'll stop at "Bourke's Luck Potholes", formed millions of years ago by swirling water, sand, and rocks and head to "God's Window". At an altitude of 1,730M, this scenic viewpoint is the highest in the area. Then the "Three Rondavels" to see the three geological formations that mimic the beehive shaped homes of many indigenous people.

Includes;
Transport and,
entrance fees
Cost:
R1,400 minimum 3 persons
Max 6 persons
f only 2 people cost is R1,900pp If
just 1 person cost is R2,900



"Why is it you can never hope to describe the emotion Africa creates?" – Francesca Marciano





Umoya Khulula Wildlife Centre

Umoya Khulula Wildlife Centre is a non-profit rehabilitation centre for native South African wildlife. Set on a beautiful farm near to Tzaneen, Founder, Emma and her team care for, feed and rehabilitate all those in need from mongoose, hippo, zebras, giraffe, blesbok, warthogs, genets to bushbabies and ardwolfs, in fact they have successfully rehabilitated over 200 species.

A tour of Umoya and the great work they do gives you a chance to see and learn so much about species you may never get to see in the wild.

Transport and Donation to Umoya to fund the care of the animals in need. Cost:R950 minimum 3 persons 1/2 Day This trip can be a full day combined with VMF R1100



"Nothing but breathing the air of Africa, and actually walking through it, can communicate the indescribable sensations." – William Burchell





Vervet Monkey Foundation (VMF)

A different species but yet another one of the Primate Family. You will get to see the Rehabilitation process of vervet monkeys, that have been rescued as orphans. VMF is one of the leading organisations with great success of caring for baby vervet monkeys that have sustained injuries as well as those left behind when their mothers are killed on roads, poached or shot due to human wildlife conflict.

Includes:

Fransport and Entrance Fees

Cost:

R950 minimum 3 persons

1/2 day



"Nothing but breathing the air of Africa, and actually walking through it, can communicate the indescribable sensations." – William Burchell





Blyde River Dam Boat Cruise

green Canyon from the tranquillity of a relaxing boat cruise, The Blyde River canyon supports large diversity of life, including numerous fish and antelope species as well as Hippos and Crocodiles, primate species and a diversity of birdlife such as the African Fish Eagle, African Finfoot and much more. A visit to 24 degrees South offers a chance to enjoy lunch beneath the towering Drakensburg mountains, whilst browsing local crafts and curios

Includes; Transport, entrance fees and boat trip

Cost:
R950 minimum 3 persons
Max 8 persons
R1,600pp if only 2 people
R2,450pp if just 1 person



"If I have ever seen magic, it has been in Africa."

- John Hemingway

Moholoholo & Hoedspruit Reptile Centre

Enjoy a self-guided tour through the Reptile Park where you can view the many spectacular animals on display. Relax for lunch at 24 degrees South under the towering Drakensburg mountains and spend the afternoon at Moholoholo Rehabilitation Centre where you will gain an insight into the rehabilitation of animals, in particular, birds, which have been poisoned, injured or orphaned. Many injured animals can not be released back into the wild and will spend the rest of their days here.





Includes:

Entrance fees and transport Full Day. Cost: R1250 minimum 3 persons



"Nothing but breathing the air of Africa, and actually walking through it, can communicate the indescribable sensations." – William Burchell





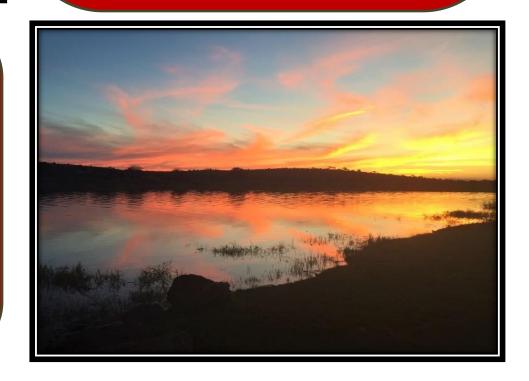
Olifants Riverboat Safari

Cruise the waters of the magnificent Olifants River on the 'Kambaku' house boat and enjoy the serenity of an afternoon safari – you may be lucky enough to observe crocodile, hippo, buffalo, elephant, water buck and a wide variety of other wildlife, water-birds and indigenous trees along the lush, green banks of the largest river in the Kruger National Park

Lunch can be ordered and enjoyed whilst cruising down the Olifants River.

Includes: 2hr Riverboat Safari Cost :

R850 minimum 3 persons (lunch and drinks can be added)





We look forward to welcoming you to HAART





